

MAINSTREAM GREEN SPEAKING & WORKSHOPS

WITH NIC TURNER

ABOUT

Nic Turner is the face of Mainstream Green.

With an 18 year career in the corporate world of Fast Moving Consumer Goods, she has learned far too much about what you do in the supermarket and how to make you the ultimate consumer.

Somewhat of a contradiction, she is on a personal quest to live more simply

A converted minimalist and an aspiring 'zero waster', she is a passionate advocate for keeping it real.

In a world dominated by stuff and information, Nic's drive is to create mindfulness around what we buy and the impact it has on us and the planet.

TOPICS

#1 Green wellbeing: Living with less impact

This session will cover how people can make simple changes to: reduce their chemical load, simplify their relationship with stuff, and reduce their waste.

#2 Stuff and nonsense

Our modern lives are full of stuff. With that stuff comes responsibility. How do we rethink our relationship with stuff and find ways to simplify our crazy busy lives.

#3 Breaking up with plastic

There is a growing awareness of the impact that plastics are having on our health and the health of the planet. This workshop will empower people with a new consciousness and simple things they can do to create change.

#4 Nic's story

Nic will share her personal journey from being the ultimate consumer to living a simpler, lighter life. A story of how small incremental switches create dramatic shifts.

DELIVERY OPTIONS:

Structure: Common delivery methods include: Speaking engagements, interactive workshops, corporate lunch and learns and employee campaigns and challenges.

A bespoke offering can also be developed.

Duration: Times can be tailored to meet your needs.

Rate: From \$950 (ex travel and expenses).

Not for Profit rates available on request.